

# 13 Rules of Life

## 1. You get what you give.

Honor, respect, hostility, love

## 2. You can do, be, or have, whatever you want.

Focus

Determination

Effort

Work work work

## 3. Choices

We all get 24 hours

We all get opportunity

We all choose what works for us

## 4. You are the Captain.

You choose, you decide, you can give your power away

You are in control

You choose the purpose, path, plan

## 5. It's your reaction that counts.

No, we can't control others

We control our response to what others do, do not do, say, act, behave

We can stay or we can leave

We can support, or we can withdraw our support

We can approve or disapprove

## 6. Waste not, want not.

Money in itself has no value

It's what money can buy  
What things do we truly need, want  
Is it worth the time it takes to earn the money to buy it  
Does it add to life  
Is it work and expense or joy and fun  
It is worth the price  
For what purpose, what's the value

### **7. Time is precious - don't waste it.**

Time is the greatest asset  
Use it or lose it forever  
Plan your time and work your plan  
5 minutes is a long time

### **8. There is no rush, no haste.**

Rushing is wrong  
Rushing only hurts  
Take the time to do it the right way the first time  
Take the time to put it away so you can find it  
Measure twice, cut once  
Haste makes waste  
We all have eternity

### **9. What's your purpose?**

Why are you here  
What's your passion  
What's your major goal in life  
What value do you want to add  
Why will the earth be a better place for you having lived  
What would you do if you did not get paid  
What do you truly want to do  
How do you want to give back

### **10. Family**

What is family to you  
Does Family have to be blood  
Who do you want to spend the holidays with  
Who wants to spend the holidays with you  
What do you do for family  
What does family do for you  
Is family worth the time and the effort

## **11. Friends**

Who are your friends  
Why  
What value do they create  
What value do you bring to the table  
What do they cost

## **12. Mentors - tormentors**

Mentors teach, guide, motivate, encourage, empower, and lead by example  
Tormentors teach you the tough lessons  
Show you the dark side of you and your actions  
Help you, guide you, teach you, continue until you learn and grow

## **13. Failure**

There is no failure  
There are only lessons  
We 'fail' until we learn the lesson