

ACT

By Cameron Shippee

Act now. Act as if.

I act and I succeed. If I don't succeed at first, I continue to act until I do.

Kids are born knowing we have to act, and we do so. I see adults who do not act, and it is hard to understand. We act it till we get it, and we act it until we are it. That is just part of life, learning, and living.

Adults seem to get caught up in fear of acting, fear of failure, and fear of peer judgment. Kids are born free of these limitations. That is why we can act, we can learn, and we can grow.

So, why not act? Why not be a kid? Are you amazed at how much a kid learns, grows, and does in the first few years? Do you wonder how and why?

Well, we act, and we are not afraid to act.

We believe, and we act accordingly. We were all born knowing and believing we can do that which we set out to do, and it is as simple as acting the part, taking the steps, and rehearsing till we get it right. Shakespeare said all the world is a stage. Well, he was right.

Life is living on a stage, and we get to be the leading actor as well as the director. Life and my play is the story of my life. I get to write it, act it, and be it. The same goes for you. What is the life you desire?

Act as you are inspired to act. Act as you want to be, and, poof, you will be it. Like learning to walk, I act as if I can walk and fall until I finally learn. Falling is not failing but the process of learning.

What do you want to be? Act it. Study it. Learn what it is like and act the part. In acting the part, you will learn the part, and in the learning, you will know if it is right for you or not. If not, stop. Stop and act the part that feels right to you.

My acting right now is as a kid, learning and growing. Sure, I copy those who are in my life. But, I also am able to determine who I want to be, and act accordingly. I go with what feels right. Sure, as I get older that will change. No, I don't worry about others, what they will say or think. I don't worry. I act on what is right for me today and when that changes, I change.

So, act on what is right for you now, today. When it no longer feels right, change to what is right for you. To be it, you must first act it, and in the acting you will become it.