

ACTION

Don't tell the world what you are going to do. Show them.

Don't keep dreaming the same dream. Take the dream, and then take action to make the dream a reality. All things are created twice. First, in the mind's eye, and then in physical form. It takes action.

Action does not mean thinking about something over and over without doing anything. It means taking your thoughts and doing something with them.

First, you need the thought, the desire, the goal. Once you know what you want, you need to commit to it with a plan. A wish without a plan, without motivation, and without passion, is nothing.

When you know with energy and emotion your goal, then it is time to take action. The action might complete the goal within minutes. Or, it could be years. Or, even a lifetime.

What is action? Action is movement, initiative, and doing something. The first action is to commit to something.

The second action is to make a plan. It might be as simple as picking up the phone and calling to order something. Or, it might be to research colleges that have degrees in the area of study you desire.

The plan may have one step, or it may have 100 steps. The key is to write down the steps that are needed. Once you determine the steps you can then determine who will do what steps and schedule them on a time line or a calendar. The steps and the timeline are your roadmap.

The action of writing the steps makes the goal concrete, and guides you towards the actions needed and when to take them. Just making the plan is fulfilling and empowering. Creating the plan shows you it can be done and allows you to see the best way to do it.

Finally, you just have to follow the plan, adjusting as needed, over time. No plan is perfect on the first draft. The first draft is the current best, and it leads you to make improvements along the way.

Starting, writing it down, researching it, and putting it on your schedule, will make you feel terrific. You will be able to see and feel the action, the satisfaction of actually starting, and taking the first steps. The first action also breaks the tension of fear that often prevents us from moving forward.

Too often we have a goal, feel it is too big, or will take too long, so we spend weeks, months, or even years thinking about the goal but never taking action. Once you take action you will wonder what took you so long. Often, we spend more time thinking about something than the time it takes to actually do it.

Action is the key. Writing it down is the start. Sure, most people do not have all the answers when they start. But, by starting, by taking action, you can determine the resources you have and find those that you need.

Action makes it all easy. Action is fun and rewarding. Try it today on that long delayed goal. Take action - write it down, write down the steps, put it on a timeline. Start with the first step. Kids do it every day. Why not you?