

DO YOU STAY AGGRESSIVE ENOUGH?

Matthew 7:7-8 “Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you: For every one that asketh, receiveth; and he that seeketh, findeth; and to him that knocketh it shall be opened.”

Be aggressive, be all that you can be.

If not aggressive, what? You miss all the shots you don't take, you have to engage to win, you have to engage to practice and learn.

Whom do you admire? Someone who sits on the sidelines? Whom do you respect? Someone who never does anything? Who is fun to be with? I bet it is someone who is always doing something.

Life is meant to be lived. To live, one needs to be aggressive, doing, trying, and engaging in life itself. Aggressive does not mean winning at the expense of another, pushing another out of the way, or hurting another. Aggressive means engaged with life itself, doing your best, making your best effort, and stretching yourself.

What professionals do you admire and respect? Be they athletes, actors, or just the local professional, I bet it is their aggressive action and risk taking that you admire. I bet it is what they do, what they stand for, and what they attempt.

So, what about you? Are you fully engaged? Do you reach and stretch? If so, you know how good it feels, how rewarding it is, and how often you do better than you imagined. Yes, engage and you will feel good, have more energy, and a better self image. It is a win win situation for you. Engage and live life as it was meant to be lived.

Yes, there are risks in being aggressive. You might not succeed the first time and you may have to practice. You might learn that you need more practice or more strength. The risk is learning what you need to do in order to engage in a particular activity.

I was playing tennis for the first time in many years last night and found myself less than aggressive. I was not reaching and not covering my side of the tennis court, thinking the other player, the better player, would do it. Well, I was wrong. I started to aggressively guard my side of the court and I found myself hitting shots I did not realize I could hit. The more I played, the more aggressive I was, the more I hit. By the end of the match I felt great. I had hit some good shots as well as the expected not so good shots. But, it was the good ones that will make me go back.

Aggressive is also the salesman making the call. Some people do not call so they can't be told not. Call and find out. Call and you'll be surprised. Be aggressive, make the offer, and you will find more than expected buying from you.

Be aggressive in your goals. Aggressive goals call for aggressive action and aggressive action leads to success. The stronger the goal, the stronger the resolve and the better the results. An aggressive stretch goal is far more rewarding than a small boring goal. Be aggressive, engage fully in life. You'll be glad you did.