

# DON'T WAIT

Stop waiting.

Life is to be lived today, not tomorrow.

How often do you sit and wait for something? I'll start when:

- The form comes
- The house is sold
- When I get my degree
- When they get back to me
- When the letter comes
- When they finish
- When I retire

How much of you life is wasted waiting? Be silent and do nothing for five minutes. If you actually do this, you will find that the five minutes feels like a long, long time. It is.

Ideally, you will always have something to do while waiting for someone else. It can be a book, a pad to make notes, or just a pleasant daydream. But, do something. Don't sit and brood because someone is late. Use the time.

We all have the same amount of time. We all decide how we are going to use or abuse our time. Often, we feel something will take a long time, and we keep putting it off until we get a big block of time. We actually spend far more time thinking about getting around to doing it than the time it will take. Use those five minutes to start.

Often people wait for the phone to ring or the mail to arrive. The phone will ring, and the mail will arrive. Why sit looking and waiting for the pot to boil? It'll boil and it does not need you to watch it. Keep doing what you need to do. When the mail arrives, you can get it, or get it when you are finished the project. When the phone rings, you can answer it, or if you are in the middle of something important, you can always call back.

You have time. We all have time. It's how you use it. It's how you use it now, right now, rather than waiting. Life passes you by as you wait.

Want to feel good? Want to feel productive? Use the time you used to spend waiting to your advantage. See how much you can get done in a week. Once you measure it and see what you can do, you'll never wait again. You'll use the waiting time to create.

There is an old saying, "A watched pot never boils". Well, that phone call or letter is the same thing. It never comes as you sitting waiting for it. Get busy, get doing things, and it will come. It will come when it is time and not before. Sitting and waiting does not speed things up and it slows you down and demotivates you.

Live your life in balance. Balance work, family, play, learning, and resting. Plan a trip each year. Plan to learn something special each year or to make something. Don't wait for retirement, Don't wait till you get so old you will not fully appreciate it. Life goes fast. Start now, don't wait. Don't rush, but keep life full.

Don't wait, keep going, keep doing, the rest will catch up to you. Plus, you'll be happier and more satisfied with yourself and all you accomplish. You can do it.