

## **FUN & FAMILY**

**When was the last time you had fun? When was the last time you had a good belly laugh? When was the last time you smiled from ear to ear?**

**I'm writing from Disney with my family. Our role model is our five year old grandson. He knows how to have fun, to have a belly laugh, and to smile from ear to ear. Just watching a young child, in all his innocence and excitement, having fun, is enough to awaken the rest of us to the joys of life.**

**How did we lose the fun as we grew up? Did life get in the way? Did we forget the simple pleasures of having fun?**

**Disney is one of those magical places that provides fun. The fun is not just for kids, but the kids sure do make great role models for the parents and the grandparents. They know what has value and what is important.**

**Kids are such free spirits. A missed transport or the wrong shoes will no upset them. They go with the flow and adjust as needed. No problem. No worries. No concerns. Tomorrow is not a consideration. Kids live in the 'now', see and enjoy all there is now.**

**How often do we miss the 'now' for our planning and concern of tomorrow or the regrets of yesterday? Kids let go and have fun. If they can, why can't we? We can. We should.**

**Perhaps we need to learn to be kids again, to have fun, to laugh, and to enjoy all that life has to offer. Why not let go of the stuff that isn't important and interferes with fun?**

**To me, to have fun is to be with a kid. Looking through a kid's eyes, I see so much that I miss as an adult. Kids see and appreciate more. They appreciate all that life has to offer. As adults, we miss too much.**

**Disney sets the stage and makes it easy to have fun. The real fun is watching loved ones enjoying themselves and being with the kids. That's the fun, that's what makes us smile and laugh. Laughing is contagious; and catching it from a kids is the best.**

**While Disney is fun, you can also have fun at home without spending**

money or going anyplace. Playing games with kids in the car while driving can be fun and interesting. It's a stretch, but you can have fun doing the dishes. OK, I don't have a lot of experience with that, but I have done it, and I have had fun. The fun was with the people who were working with me on the dishes.

How about a quick Fun Bucket for the rest of the year? While December is normally a stressful month for many, why not make a Fun Bucket? Then do as many of the items in the Bucket as you can. Make the holiday season fun and not just work and stress.

Part of the Fun can be planning the fun things to do in 2013. In planning for 2013, put the vacations and the fun things first. Then add in work and obligations. The fun and family come first.