

How I spent

How I spent August 2015.

It's time to write about 'How I Spent August 2015'. It's time as it's the middle of July 2015 so August 2015 has not yet happened. It has not yet happened according to the calendar.

Yet, right now is the time to determine how you will spend August 2015. Right now is the time to visualize how you want to spend the month, what you will do, what you will accomplish, and how much time you will take for yourself, your family, and your friends.

It's important to spend the time now planning so that your August will be well spent. For time to be well spent it must be well planned and scheduled in advance. That may sound strange, but, if you think about it, it makes sense.

People often spend more time planning a vacation than their lives. Vacation plans are usually very important to people.

August is a big vacation month in the USA. So, for August it's important to plan ahead, the time off, the vacation, and what needs to be done during August. While many will have fewer work days in August, they

must plan and schedule in advance so that they do get done what needs to be done.

How best to do it? Visualize it and even write a story, article, or just make a list about it. When you write it, you have to organize it, and make decisions. When telling people about what you did, in advance of doing it, you will have to make decisions. You will have to decide what can be done in the time allowed. Hence, you will have to choose priorities and focus on them. Just making the choices feels good. Choices made help to eliminate the worry and frustration of what is not being done.

Yes, when you write about how you spent August, right now in July, you will be deciding what not to do, what to delay, and what may not be done. How great will you feel just saying "NO, no it won't be done". No it does not have enough value to take any of my August time. Yes, "NO" feels great and it frees up time.

Will you write, now, about how you spent August? Most won't. Some will think about it and create some value. Those who do write about it will create the most value for themselves.