

Imagine

"Your imagination is your preview to life's coming attractions." -- Albert Einstein

What do you imagine? Is it lack, loss, frustration and negativity? Are your endless tapes in your mind imagining all bad things?

How can you expect success and good things if you focus on and imagine negative things? How can you be happy when you think of lack and loss? What is the value in thinking negatively?

All good things start in the mind and imagination. It's as easy to imagine something good as something bad. Imagining the good is more fun, exciting, and it works.

Outstanding athletes always imagine first. Golfers imagine where the shot will go, and often it does. First is the imagination of the shot, and second it the shot itself.

You have to imagine and see the success -- see the action in your mind's eye first -- in order to execute it. If you see or imagine the golf shot going astray, it often will. Your imagination responds to you and does not judge good or bad. It responds to your thoughts.

Think negative, loss and lack; and you will get negative, loss, and lack. It is that simple. You win, you get what you imagine.

What do you imagine 2010 will be for you? Will it be another year of loss, lack, and frustration? Will it be like 2009? What do you truly want it to be? What are you willing to make it?

What will 2010 mean for you? What does your mind's eye show you? It might show you no planning, no direction, no purpose. It might show negativity around old issues and perceived limitations. Ideally, it might show you what you can do if you focus on the positive, the good, and the desired. Which show offers the most excitement, hope, and growth? Which one would you prefer?

So, with a little vision, we see them all; and we see the clear, best answer. Now, the question becomes, will we imagine it into being? Will we make the effort, will we exert the focus, will we make it the priority? If we do these things we can make it happen. Sure, we imagine it, we wish it. But, for it to be, we need to do these things with action -- action and feeling, as well as knowing, that it will be -- it will be to the extent that we allow it. Allowing is in the doing, in the focus, and in the effort.

Imagine, feel it, feel it deeply, act it, live it, and it will be. Yes, it is that simple. You don't have to know all the steps. You need only the end results and live from the end results taking one step at a time. As you finish a step, the next one comes into your clear vision. No, you don't see all the steps, nor all the twists and turns in the road as you start out, but if you know the destination, you can and will get there taking one step at a time and adjusting as needed.

Yes, imagine, feel, act, live, and it will be. Try it. You have nothing to lose and everything to gain.