

## LEARN

We learn by doing. We learn by failing and repeating the attempt until we succeed.

Sure, we can learn by reading, and we do so. However, the best form of learning, the type that gives us full understanding and stays with us a lifetime, is learning by doing.

Some lessons are fun, rewarding, and exciting. They come easily to us; and we succeed quickly as we appear to have already learned. For some, music and rhythm are natural and automatic. Some others work for years to learn rhythm and never quite get it as well as the person to whom it is a natural second nature.

Some lessons are difficult, if not impossible. Some we learn the hard way but never become experts. However, we do learn, and there is value in the learning and the doing. Actually, the challenge is good and rewarding. It is good to take a difficult thing and practice until you can do it. You can learn to play golf and be proud of your accomplishments even if you are not Tiger Woods.

We are here to learn and grow. The best learning is in the doing. The more we do, the more we get to do. The more we accomplish, the more things there are ahead of us to accomplish. The goal should be to die with a full inbox left of things to do.

What if you had learned it all and done it all? Would life hold any excitement or value for you? Isn't the challenge of the new part of the excitement of living?

What has been your most dramatic lessons and learning to date? For most of us it is the learning by doing something wrong. Yes, we learn best by doing, and most dramatically by doing it wrong and seeing the consequences. Once we do something wrong we are much less likely to do it wrong again. A mistake, doing it wrong, is one of the best teachers.

Sure, many things we can learn and experience in a book. However, the excitement, the challenge, the wonderment of it all is far more satisfying and informative in the doing it oneself and seeing the actual location rather than a picture in a book. Life long learning is in the

doing.

Why complain about the difficulty of learning and trying? Is not the effort worth the accomplishment? While sometimes it takes a long time and a great deal of practice to learn, that learning also has the greatest satisfaction. The satisfaction is based on the time and effort needed to learn.

The person who learns the most dies with the most. Did you ever think of it that way? When you die with houses and cars, you cannot take them with you. Your knowledge and your learning is part of your soul and goes with you.

So, should we strive to learn more? Should we strive to do more and practice more? Only you know the right answer for you. However, do know that the more you do, the more you learn, the more satisfaction and feeling of accomplishment and self worth you will have.