

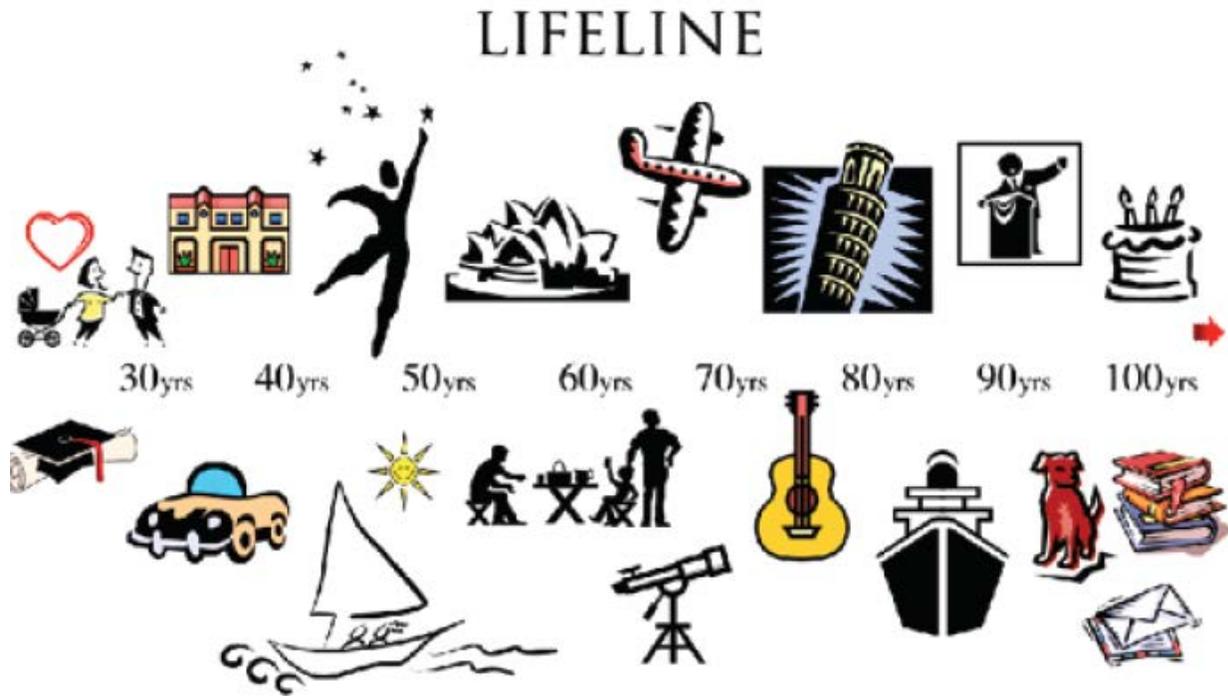
Who is, Where is, What is, Your Lifeline?

If you want a lifeline, you need to build it **NOW**, now before you look back on your life wishing you had one.

Here are 2 samples:



Here's another sample, complete, full of life and adventure. Which one is yours? What have you done about it? How much of that lifeline have you wasted?



Life is to be lived and living starts today, right here, right now - this very minute! You can decide to live. You can decide to engage in life. You can decide to recognize you are the captain, you are in control, and it is your life.

Too often, we have to die first in order to live. A near death experience often awakens us to the value of life itself. It awakens us to our mortality. It makes us aware of what we have done, and what we have yet to do, with our time on earth.

The majority of people live each year as a repeat of the last year. Little change. There are the same old goals that never seem to be accomplished. Life is boring and one wonders, 'is this all there is to life?'

If you don't change, if you don't have a plan, a lifeline to follow, life is boring and without much meaning. If one day is just like the next, it's time to live, it's time to engage. It's time.

There are many possible approaches. The key is to find the one that motivates you, and use it.

Here are some options to consider:

- * At what age do I want to retire?
- * How much money do I need?
- * What things do I want to have (boats, cars, houses, art)?
- * What adventures do I want in my lifetime?
- * What skills do I want to learn?
- * What career and income goals do I have?
- * Where do I want to live? When?
- * What do I want to accomplish in my life?

degree in

travel

educating grandchildren

philanthropy

community work

family

career

financial

personal (travel, education, adventures, free time)

You can answer the questions and then put the answers on the lifeline. Then back up to today filling in what you have to do when to accomplish your goal at the stated age. If you are going to retire at 65 with \$5,000,000 you need to schedule that back to today as to what has to be done in order to accomplish the goal.

As you chart your lifeline you'll see how fast life goes, what has to be done when, and how fast the time disappears. You'll find conflicting goals and will have to choose which ones to keep, which ones to delay, and which ones to eliminate.

No, you can't do it all. There are conflicts; and building the lifeline will help you to determine which has the greatest value and which can be eliminated. It's an interesting and insightful process. It's fun too.

Imagine, it's your life, it's an open slate, it's your design, and today is the day to design it. Make it an exciting adventure. Make it something worth jumping out of bed for in the morning.

Filling the lifeline is exciting and empowering. The visualization works and helps to keep you focused on that which has the most value for you.

Try it. Start with just one item. Start with your retirement date. What comes up, and what is needed between now and then will surprise you.

Your lifeline needs your attention NOW. Start. Start to work on it. It's always a work in progress, and it will change based on your changing priorities. That's OK. The key is to know where you are going and when. Then you can adjust as needed and still keep your focus on the life you want to live - the things you want to do. Live your life on purpose.