

We Become

We become what we think about

Earl Nightingale's famous speech was "The Strangest Secret". If you have not heard it, you are one of the few. You can find it on YouTube and it is well worth listening to.

The message was given in the 1950's, yet it is timeless and often quoted. Here are some related quotes:

Marcus Aurelius: "A man's life is what his thoughts make of it."

Disraeli: "Everything comes if a man will only wait. A human being with a settled purpose must accomplish it, and nothing can resist a will that will stake even existence for its fulfillment."

Ralph Waldo Emerson: "A man is what he thinks about, all day long."

William James: "The greatest discovery of my generation is that human beings can alter their lives by altering their attitudes of mind. We need in only cold blood act as if the thing in

question were real, and it will become infallibly real

Dr Norman Vincent Peale: "If you think in negative terms, you will get negative results. If you think in positive terms, you will achieve positive results."

"Believe and succeed."

Jesus: "As ye believe, so shall it be done unto you."

Sir Isaac Newton: "For every action, there is an equal and opposite reaction."

Sermon on the Mount:

**"Ask, and it shall be given you.
Seek, and ye shall find.**

Knock, and it shall be opened unto you.

For every one that asketh, receiveth.

And he that seeketh, findeth.

And to him that knocketh, it shall be opened."

**Success is not the result of making money;
making money is the result of success - and**

successes in direct proportion to our service.

Renoir (in later life suffered from rheumatism especially in his hands): "I'm still making progress." The next day he died

Yes, it is as simple and as profound as, 'We become what we think about.'

This short article says it all, yet without all the stories that could be written about the truth and how it has effected others. More important, how has it affected you? What have you thought about so much that you became it? Where has your focus taken you?

Where is your focus today? Is it in the positive, the forward looking, the item(s) you want to accomplish? Is you focus on what you want to become? I hope so, as that is how you will accomplish.