

# WHY IN THE WORLD

"The two most important days in your life are the day you are born and the day you find out why." Mark Twain

Why in the world am I here?

Why in the world did I.....?

Why in the world didn't I.....?

Why did I waste my time?

Why did I spend X years in a job I hated?

Why did I let the love of my life slip by?

Why didn't I make the effort?

Why didn't I take the risk?

The two greatest regrets at the end of life are:

Risks not taken

Things not done

Today is the day to ask yourself the WHY questions. You will never be younger than you are today, and today is the best day to start.

Going through the Denver airport, there was an advertisement for a local University, and it showed their oldest graduate. She was 95. Yes, you can; and yes you can start at most any age.

It's your life, and it's yours to live and use. Do it on purpose. Ask 'WHY' and allow the answer. You may not like the answer. The answer may make you angry, or it may make you sad. The emotion of the answer is a gift to you. It's a gift to use for the rest of your life.

You can't hide from yourself. You can't hide from life. You can try to deny it, and you can try to avoid it. Unfortunately, you know, you know the answer why. Face it. Address it. Accept it.

You can answer the question(s) today. Like it or not, the answer is the solution to moving forward. Today is that day you can move forward.

It took me 30 years to realize I was in a business that I did not enjoy. I knew it; but I avoided the answer. I was successful, so it must have been right. It wasn't, not for me. Finally, I accepted and changed. Why it took me 30 years is a good question.

Often people know why, know they are going down the wrong road, and choose to be unhappy rather than change. That's a personal choice. Know that you do have the opportunity to change. You can do it if it has enough value to you. It's almost never too late.

Are you on the right road? Do you know where you are going? Do you know where you are intending to go? Do you have a plan?

Why in the world wouldn't you live a life of value and excitement if you had a chance? You do have the chance. You need only to grab on, make the effort, and go for it!