

RUSSELL R. SHIPPEE PRESENTS

Bethe BEST You Can Be.net

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Russell R Shippee

Quotes

"Behold the turtle: He only makes progress when he sticks his neck out."

James Bryant Conant

"Many of life's failures are men who did not realize how close they were to success when they gave up."

Thomas Edison

Dear Russell,

It is time and the time is NOW. I am back from St John and in my suit ready to accomplish my goals.

St John was wonderful. We need to give ourselves a reward when we reach a goal. St John was the reward. I was also able to work while in St John. My work is also part of my fun. One client has taken an amazing jump start on her goals already.

Unless I told my clients where I was, they would just assume I was in my office as usual. Actually, as long as I have a computer and a cell phone my office is with me. How about you?

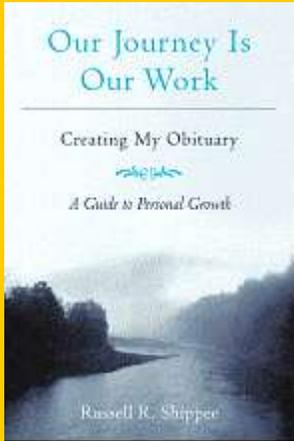
Today Michael Josephson has an article for us; and I think you will enjoy it. Please visit his web site for additional information about his work.

Reverend Joe Wright caused a commotion when he read the prayer listed below. We all need the courage of our convictions. Speak your truth. Everyone does not have to and will not agree with you all the time.

I am always researching things on the internet for you. It feels

"The lowest ebb is the turn of the tide."

Henry Wadsworth Longfellow (1807-1882)



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like 100 different e-mails have offered me products to buy to help me reach my goals. At the moment, keep your money in your pockets until and if I find something I am willing to recommend.

You are the solution to your goal achievement. You are the only one that can do it and you already have the tools. You need only to apply them one day at a time.

Be sure to sign up for the Living My Life on Purpose Workshop.

If you need help, if you need a coach, if you need to learn a skill, start today. Find, get, and hire what you need. What better investment is there other than an investment in yourself?

Be *the* BEST You Can Be,

Russell R Shippee

Helping You, Motivating You, Encouraging You, to Be the BEST You Can Be

WHAT WILL MATTER

by Michael Josephson

Ready or not, some day it will all come to an end. There will be no more sunrises, no minutes, hours or days. All the things you collected, whether treasured or forgotten, will pass to someone else. Your wealth, fame and temporal power will shrivel to irrelevance. It will not matter what you owned or what you were owed. Your grudges, resentments, frustrations and jealousies will finally disappear. So too, your hopes, ambitions, plans and to-do lists will expire. The wins and losses that once seemed so important will fade away. It won't matter where you came from or what side of the tracks you lived on at the end. It won't matter whether you were beautiful or brilliant. Even your gender and skin color will be irrelevant.

So what will matter? How will the value of your days be measured?

What will matter is not what you bought but what you built, not what you got but what you gave. What will matter is not your success but your significance. What will matter is not what you learned but what you taught.

What will matter is every act of integrity, compassion, courage or sacrifice that enriched, empowered or encouraged others to emulate your example.

What will matter is not your competence but your character. What will matter is not how many people you knew, but how many will feel a lasting loss when you're gone. What will matter is not your memories but the memories of those who loved you. What will matter is how long you will be remembered, by whom and for what.

Living a life that matters doesn't happen by accident. It's not a matter of circumstance but of choice. Choose to live a life that matters.

www.charactercounts.org 310 846 4800 Michael Josephson

Living My Life On Purpose Workshop

The workshop is a 1 1/2 hour *Living My Life on Purpose* exercise in creating your Life Plan. You are already living your life plan. Why not live it on purpose? It will be fun, enlightening and empowering. Those who sign up will be given the workbook.

When? Tuesday January 15th 3:00 PM EST

How to register? Reply to the newsletter and say 'SIGN ME UP'

This is my gift to you to help you Be *the BEST You Can Be*. You will be glad you did. Sign up with a friend.

When Minister Joe Wright was asked to open the new session of the

Kansas Senate, everyone was expecting the usual generalities, but

this is what they heard;

"Heavenly Father,

We come before you today

To ask your forgiveness and

To seek your direction and guidance.

We know Your Word says,

"Woe to those who call evil good"

But that is exactly what we have done.

We have lost our spiritual equilibrium

And reversed our values.

We have exploited the poor and

Called it the lottery.

We have rewarded laziness

And called it welfare.

We have killed our unborn

and called it choice.

We have shot abortionists

And called it justifiable.

We have neglected to discipline

Our children and called it

Building self esteem.

We have abused power

And called it politics.

We have coveted our neighbor's

Possessions and called it ambition.

We have polluted the air

With profanity and

Pornography and called it

Freedom of speech and expression.

We have ridiculed the time

Honored values of our

Forefathers and called it enlightenment.

Search us, Oh, God,

And know our hearts today;

Cleanse us from every sin

And set us free.

Amen!"

The response was immediate. A number of legislators walked Out

during the prayer in protest.

In 6 short weeks, Central Christian Church, where Rev. Wright is pastor, logged more than 5,000 phone calls with only 47 Of those calls responding negatively. The church is now receiving international requests for copies of this prayer from India, Africa and Korea.

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