



RUSSELL R. SHIPPEE PRESENTS

# Bethe BEST You Can Be.net

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**Russell Shippee**

*Dear Friends,*

I caught the flu from Cameron and it knocked me down. That was good. Good? Sure, it made me slow down, and a great idea came to me.

No, I won't tell you. I will show you, later. Remember, don't tell the world what you are going to do, show them.

If sick, or slowed down with an injury, or laid off, know the value and the gift of the time to allow, to accept, to listen deeply, and to plan. All of these things are gifts, gifts in disguise. Only later will you realize and appreciate the gift.

[Be the BEST You Can Be Bookstore](#)

Yes, the bookstore has great books on self worth. Take a look and pick out a gift for one who needs it and get one for yourself. You deserve it, don't you?

Yes, the new updated web site is almost finished. It is worth the wait. Then, an upgrade to your newsletter will follow. No, that does not mean Cameron will do all the writing!

Would you be surprised if I told you one of my mentors is Cameron? I am continually shocked, amazed, and thrilled at what he teaches me. Yes, he is one of my greatest teachers. How about you?

*Our Uncle Ben passed away last week and we went to the funeral in Maryland. George came from California to pay*

## Quotes

**"I think I began learning long ago that those who are happiest are those who do the most for others."**

**Booker T. Washington**

**"Only those who will risk going too far can possibly find out how far one can go."**

**T.S. Eliot**

**"A journey of a thousand miles begins with a single step."**

**Confucius**

**"Did you ever see an unhappy horse? Did you ever see a bird that has the blues? One reason why birds and horses are not unhappy is because they are not trying to impress other birds and horses."**

**Dale Carnegie**

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*respect to, as he said, 'my mentor'. Ben, a commander in the Navy, helped this young officer 50 plus years ago. Now 80, George never forgot his mentor and what it meant to him. He had to come for Ben. Is there someone you need to reach out to and thank?*

**Enjoy the Journey,**

**Russell R. Shippee**

**LIVE THE LIFE YOU DESIRE**

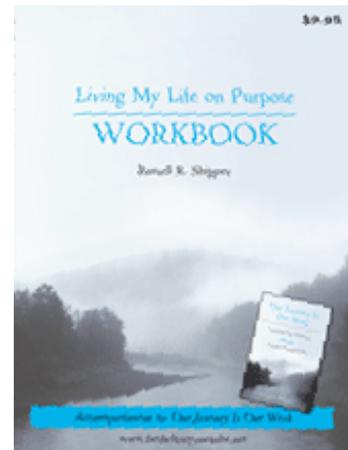
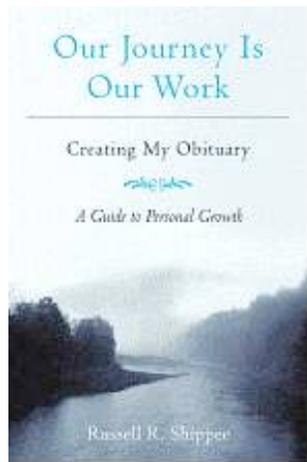


**Cameron's Comments**

**Grandpa has allowed me to start another project. Do child labor laws apply?**

**Grandpa is one of my mentors along with my parents and grandmother. Each one has things to teach me. Yes, I know I am teaching them also. It works both ways.**

**Of course, being a mentor to grandpa is not always easy. Often I have to show him several times before he gets it. But, he finally gets it.**



### ***LIVE THE LIFE YOU DESIRE***

The second edition of the workbook is now ready. Buy the book and we will send you the workbook as a gift. If you bought the workbook before, email us and we will send you the second edition at no charge.

Plus, you will have access to the tele class on the workbook on Monday March 30th at 2:00 PM EDT. There will be no charge for this teleclass.

Buy it [HERE](#)

## **TELE CLASS**

### **Living My Life on Purpose -- Living the Life You Desire**

**Monday March 30, 2009 at 2:00 PM EDT**

Hit reply to this email to be included. We will spend one invaluable hour determining what works for you and how to organize it to accomplish it. Now is the time to plan to live your life on purpose. Now is the time to plan to life the life you desire. You deserve it. Sign up NOW!



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## Mentors

Do you have a mentor? Do you need a mentor? What is a mentor?

Ideally, a mentor is an advisor, a coach, a confidant, and a friend. A mentor teaches as well as empowers you. As a role model, the mentor usually lives the life you would like to live.

We all have one, or more mentors either knowingly or unknowingly. Some are positive and helpful, and others are destructive. Many are not even aware that they are fulfilling the role of mentor to you.

Yes, we all need mentors.

In life, we all need and seek mentors. Our family is the first place we find mentors. As a child, how often did you copy your parents? How often did you do what your parents did?

As we grow, our universe expands. From the home, we then find mentors in school, then work, and then in the community at large. We never outgrow the need for and value of having a mentor.

We become mentors to others. While we are being taught, we are also teaching the teacher. There is always give and take. The more we are mentored, the more we mentor others. That is just the way it is and works.

A mentor is invaluable to our growth and development. We learn by example and by guidance. The mentor provides this as well as assisting us, confirm when we are on track and also nudging us when we are off track.

We increase our confidence with the use of a mentor. We are able to confirm if we are on the right track and have a sounding board to assist and advise us. No one can work in a vacuum, and the mentor fills the role assisting us in our growth and development.

One can have more than one mentor, and one can change his mentor. It is not uncommon for people to have different mentors for different areas of their lives. Also, as you grow, develop, and change, your needs change also and can result in the change of mentors. This is all good and positive.

A mentor is a role model for us not only in the area of interest, but in life itself. Be sure to choose a

mentor that lives a life of value as you want your life to be. Choose the best role model, and be willing to make a change if you find you did not make the best possible choice.

Think about your life up to this point. Who have been your mentors? Where did they add value? What were you able to accomplish that you might not have otherwise been able to do?

When you look at the mentors you have had, you can look ahead to where you want to go, what you want to be, and then find that person in a mentor. People in history can be mentors to you as you study their lives and how they lived. While it is always good to have a mentor that you can speak with and interact with, you can also use deceased people as well as currently famous people. Warren Buffet is a role model to many, not so much for the money he has made, but for his values, management techniques, and lifestyle.

Choose your mentors with care. They will help you to be the person you want to be and the person whom you and others will admire and respect.