

RUSSELL R. SHIPPEE PRESENTS

Bethe BEST You Can Be.net

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4-24-08 #44



GOLDEN GOOSE

Ready to launch
Quotes

"The great thing in the world is not so much where we stand, as in what direction we are moving."

Oliver Wendell Holmes

"When one door of happiness closes another opens; but often we look so long at the closed door that we do not see the one which has just opened for us"

Helen Keller

"It is not what we read, but what we remember that makes us learned. It is not what we intend but what we do that makes us useful. And, it is not a few faint wishes but a lifelong struggle that makes us valiant."

Henry Ward Beecher

Feedback

"Over all the years we worked together I really appreciated your friendship, guidance and words of wisdom and support. I consider myself very fortunate that you continue to share that wisdom through your writing. Thanks for the continued inspiration." CO

"I actually took the time to read this article and am so glad I did. I guess that means I took a moment to rest and explore the reasons to rest. My comment is that it is often the spontaneous moments of rest that bring answers to me. Who knew I was going to stop to read and learn? Anyway, I liked the article and am going to pass it along to others." JR

Dear Russell,

Yes, work.

This week's article is on work. I have been working on my boat. It is back breaking, tiring, never-ending work. It is also fun, rewarding, satisfying, and a privilege.

Yes, my other work and goals have suffered as I have focused on the boat. Soon, I will be back in balance and on track. At the moment the boat needs extra attention and work. Don't you have the same issue at times?

Sure. Don't fight it. Adjust, do the work and enjoy it. You're fortunate to be able to do it.

Switching gears....

What are you worth? Too often we do not think we are worth much. We ARE priceless. We are worth far more than we think. We are as good as anyone else. Please know it and live it.

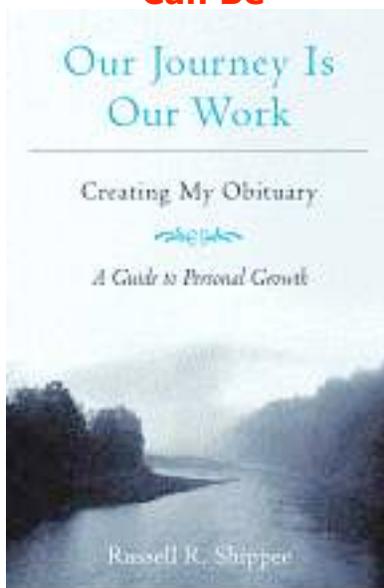
If you live your true value, others will see it and know it. Be proud of yourself and what you can do. Do not sell yourself short. Charge what you are worth and give the value to the client.

Be *the* BEST You Can Be,



Russell R Shippee

Helping You, Motivating You, Encouraging You, to Be the BEST You Can Be



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WORK

What is work? Is it what you do to earn a living? Is it the chores you do around the house? Is it going to school?

Work means and says different things to different people. For many it is negative when, in fact, it should be positive.

Work is doing, learning, and often interacting with others all at the same time. We are always paid for our work. Sometimes it is in money, but many times it is in learning, the satisfaction of helping someone, the satisfaction of creation, and those things money cannot buy. Yes, work is far more than money.

People work hard on their hobbies. For me, it is currently a wooden boat. It sure is a lot of effort and some would call it work, some would call it a hobby, and some would call it fun. It all depends upon your perspective.

Ideally, what you would do for a living, the work to earn your money with which to live and support yourself and your family, should also be what you would do were you not paid. If you are doing what you love and it provides positive feedback for you, it does not feel like what we think of as work.

Think of those that cannot work. Think of those that no one wants to hire. Realize we are lucky to be working and lucky people call on us. Yes, it can be frustrating but it is less frustrating than no one wanting us.

For those that have houses, they are work to maintain. Let's look at that work as a privilege. Some do not have houses and would gladly do the work if they had a house.

So, let's change the perception of work. Let's realize how fortunate we are that we are able to work, to do things, and to help others. Let's celebrate the work we do and the work others do.

We all like and are good at different things. What is work to one is pleasure to another. That makes the world all the better.

If you get up on Monday thinking you have five days of work before life starts again, you need a change badly. The change might well be a change of occupation or it might be a change of attitude. Yes, by viewing your work differently, you might just like it. If you cannot view it from the value it creates, then change. Sure, it may not be easy, and it may not be immediate. However, you can change. You can learn a new skill. Yes, it takes work and effort. All things of value take work and effort.

My work, as yours, has different areas of focus. There is what we do to earn money, what we do for the family, for friends, and for ourselves. A good goal is to do something for money that you would do anyway, that would make you look forward to Monday morning, and that would give you the freedom and flexibility to do others things when you so desire. At different times different areas of our life take more or less focus.

Let's embrace, enjoy, learn from, and look forward to work. The rewards are great.

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