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Russell R Shippee

Quotes

"People become really quite remarkable when they start thinking that they can do things. When they believe in themselves, they have the first secret of success."

Norman Vincent Peale

"There are only two

*Dear Russell,*

We are fast approaching the first anniversary of this newsletter. It is a privilege to have you all as readers and to continually welcome new readers.

Your feedback is always welcome. It helps me to be sure I am providing what you need and look forward to each week.

If you have any special thoughts for the anniversary please do hit reply and tell me.

I have learned a lot this year. For example:

**the joy of being a grandparent**  
**the precious nature of life itself**  
we had a medical scare this year - all is fine  
**the satisfaction in writing this newsletter**  
**the fulfillment in empowering others**  
**new skills working on the schooner**  
**computer skills switching to Apple computer**

ways to live your life:  
One is as though  
nothing is a miracle,  
The other is as  
though everything is  
a miracle. I believe in  
the latter."

Albert Einstein

"Life is either a daring  
adventure or  
nothing."

Helen Keller

"Everything comes to  
the one who hustles  
while he waits."

Thomas Jefferson

Want to give your  
friends a weekly positive  
message?

What are you learning? How are you stretching yourself? What are you proud of doing and learning? Make a list and you will see how much you have done. You will surprise yourself.

Of course, all this learning just gives us more to be grateful for. Yes, we all have much to be grateful for each and every day.

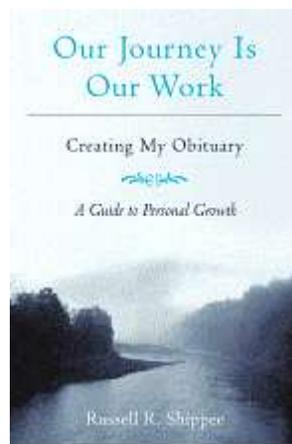
You have the power to make today the BEST.

**Be *the* BEST You Can Be,**



**Russell R Shippee**

**Helping You, Motivating You, Encouraging  
You, to Be the BEST You Can Be**



**Yes, the book helps you to balance your life and live  
the life you truly desire.**

**Yes, the book will empower and inspire you.**

**If I can do it, you can do it!**

[BUY the Book HERE - NOW](#)

## **LEARN**

**We learn by doing. We learn by failing and repeating the attempt until we succeed.**

**Sure, we can learn by reading, and we do so. However, the best form of learning, the type that gives us full understanding and stays with us a lifetime, is learning by doing.**

**Some lessons are fun, rewarding, and exciting. They come easily to us, and we succeed quickly as we appear to have already learned. For some, music and rhythm are natural and automatic. Some others work for years to learn rhythm and never quite get it as well as the person to whom it comes naturally.**

**Some lessons are difficult, if not impossible. Some we learn the hard way but never become experts. However, we do learn, and there is value in the learning and the doing. Actually, the challenge is good and rewarding. It is good to take a difficult thing and practice until you can do it. You can learn to play golf and be proud of your accomplishments even if you are not Tiger Woods.**

**the excitement, the challenge, the wonderment of it all is far more satisfying and informative in the doing it oneself and seeing the actual location rather than a picture in a book. Life long learning is in the doing.**

**Why complain about the difficulty of learning and trying? Is not the effort worth the accomplishment? While sometimes it takes a long time and a great deal of practice to learn something, know that learning also has the greatest satisfaction. The satisfaction is based on the time and effort needed to learn.**

**The person who learns the most dies with the most. Did you ever think of it that way? When you die with houses and cars you cannot take them with you. Your knowledge and your learning are part of your soul and goes with you.**

**So, should we strive to learn more? Should we strive to do more and practice more? Only you know the right answer for you. However, do know that the more you do, the more you learn, the more satisfaction and feeling of accomplishment and self worth you will have.**